

# Reverse Advent Calendar

Organised by  
North East Hayling Residents Association (NEHRA)  
For the benefit of Hayling Island Community Food Pantry

For 25 days between now and December, please consider donating an item daily from the list. Your donations will help those in need this Christmas.

1 Cereal	2 Tinned Soup	3 Pasta	4 Hand wash Soap	5 Tinned Tomatoes
6 Shampoo/ Conditioner	7 Pasta Sauce	8 Washing up Liquid	9 Coffee	10 Tinned Fruit
11 Fruit Juice	12 Long Life Milk	13 Biscuits	14 Baked Beans	15 Tinned Meat/Fish
16 Toothbrush/ Toothpaste	17 Cooking Oil	18 Rice	19 Shower Gel	20 Deodorant
21 Tea bags	22 Toilet paper	23 Tinned Vegetables	24 Tinned Custard	25 Chocolate Treat



## Can you help someone this year?

Collect your items in a box (decoration optional!).

Drop the box with all the items into Hayling Library or to NEHRA's Carols in the Village. on 12 December at North Hayling Recreation Hall.

See [www.nehra.org.uk](http://www.nehra.org.uk) for more information